



# HEGG HOME HEALTH

*Keeping Healthcare Close to Home*

## Other Services:

**Life Assist** A personal response system  
Ensures that emergency medical help is available at the press of a button; 24 hours a day; 365 days a year.

**Respite**  
A home health aide can provide respite services for caregiver relief.

## Payment Source

- Medicare and Medicare Replacement Plans
- Medicaid
- Health Insurance
- Veterans Administration (VA)
- Private Pay



**HEGG**  
*Health Center*

An Avera Affiliate

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# Keeping Healthcare Close to Home

**Hegg Home Health** provides in-home care that makes a difference in the lives of residents in the Rock Valley area and surrounding communities. For over two decades, clients and their families have entrusted their care to us. To help maintain a maximum level of independence, we provide support and services that allow people to recuperate or remain in their homes.

- Efficient, economical form of health care
- Faster recovery in the comfort of your home
- Skilled nurses provide services such as wound care, catheter changes, medication instruction, IV medication management, and more
- Skilled nurses instruct you and your family on care needed between nursing visits.
- Home health aides available for personal care and light housekeeping
- Physical Therapy, Occupational Therapy and Speech Therapy available for rehabilitation and instruction to adapt to physical limitations

## Advantages of Hegg Home Health

Your physician and home health team will work together as a professional team. Services may include: Skilled Nurses, Home Health Aides, Physical Therapists, Occupational Therapists, Speech Therapists and Social Workers. We will work closely with you and your family to develop an individualized plan of care.

- Reduces hospital admissions and readmissions
- Cost effective compared to long term care

## Who is eligible for Home Health?

Every client has different care needs. Hegg Home Health provides a range of services that can be customized to fit each individual situation.

**Hegg Home Assist** is an assisted living-like service that believes nothing is more important than helping people live full, independent and dignified lives within the comfort of their own home. Home Assist is dedicated to providing in-home care that enriches our clients' lives and helps them maintain the highest possible level of independent living. Home assist is a perfect combination between home health services and services that would typically be provided in an assisted living environment.

Home Assist provides you with assistance that includes but is not limited to:

- Bathing
- Cognitive Reminders
- Household chores
- Dressing
- Medication Reminders
- Meal Preparation
- Grooming
- Shopping
- Toileting and incontinence assistance
- Transfers
- Assistance with meal preparation
- Errand Services

**Hegg Home Assist** has three levels of care packages available to provide services by home health aides and registered nurses. This enables patients to remain in their home longer at a significant cost savings when compared to long term care.

## 3 Levels of Care:

### Level 1:

- 15-20 Home Health Aide hours per month
- 1 Nursing visit per month

### Level 2\*:

- 21-30 Home Health Aide hours per month
- 2 Nursing visits per month

### Level 3:

- 31-40 Home Health Aide hours per month
- 3 Nursing visits per month

\* Every client begins at this level the first month

*For over two decades, clients and their families throughout local communities have entrusted their care to us.*

